



**Sports, Cardiovascular,
and Wellness Nutrition**
eat right! research partner proud of the
Academy of Nutrition and Dietetics

PRE-FNCE ★ SCAN-HOUSTON WORKSHOP

*Optimize Your Practice in Eating Disorders, Sports,
Wellness, and Cardiovascular Health*

FRIDAY, OCT. 18, 2013

Workshop Location

Memorial Hermann – Texas Medical Center, Hermann Conference Center

6411 Fannin Street, Houston, TX 77030

www.memorialhermann.org/tmc

MetroRail Directions

- The MetroRail runs continuously during the daytime every few minutes. Single fare = \$1.25 or roundtrip fare = \$2.50 can be purchased using cash or credit at station's ticket machine. Tickets are collected at random once on the MetroRail. Each stop has a separate north bound and south bound platform. **Use caution when entering and exiting the platform paying close attention to incoming and outgoing rail lines AND cars.**
- **From The Hilton Americas Houston Hotel (host hotel for Academy of Nutrition and Dietetics Food & Nutrition Conference & Expo),** exit the hotel at Dallas Street and walk 6 blocks southeast along Dallas Street toward Main Street. At the corner of Dallas Street and Main Street you will see the Main Street Square MetroRail Station – South. Enter the southbound MetroRail and travel 8 stops. Exit at the Memorial Hermann Hospital/Houston Zoo station (the stop is on Fannin Street almost directly in front of the Memorial Hermann Hospital entrance).
- **From other Downtown Houston Hotels,** ask your concierge which is the best MetroRail station to enter on from Main Street, and board at a south station platform. Exit at the Memorial Hermann Hospital/Houston Zoo station (the stop is on Fannin Street almost directly in front of the Memorial Hermann Hospital entrance).
- **From the south,** board at a north bound station platform. Exit at the Memorial Hermann Hospital/Houston Zoo station (the stop is on Fannin Street almost directly in front of the Memorial Hermann Hospital entrance).

Directions to the Hermann Conference Center

Upon exiting the Memorial Hermann Hospital/Houston Zoo station on Fannin Street you will be almost directly in front of the Memorial Hermann Hospital entrance. Look for a volunteer wearing a white "SCAN Volunteer" tee-shirt to direct you to the building entrance. Upon entering (Cullen Pavilion) follow signs to the Workshop. Descend the escalator to the Ground Floor. At the bottom of the escalator, look for the Registration Sign outside The Hermann Conference Center.

